

Continuing education self-assessment quiz: The oral medicine of tooth wear

In the review by Young on page 236 in this issue, a number of interesting questions are raised on oral medicine of tooth wear. Test your knowledge here by first reading the article titled: *The oral medicine of tooth wear*, answer the following questions and then forward the completed questionnaire to the ADJ Office and we'll let you know how you scored. Please note that the answers have been provided in good faith and to the best of our knowledge are correct. The editor's decision is final and no correspondence will be entered into.

Q1. What is the most common factor that puts young adult Australians at risk of tooth wear?

- A. Asthma medications
- B. Bulimia
- C. Caffeine addiction
- D. Dehydration in sports and the workplace

Q2. A 15-year-old patient with asthma and allergic rhinitis has excessive tooth wear on the palatal surfaces of her upper anterior teeth. Why is she at risk?

- A. Mouth breathing
- B. β -agonist medications
- C. Caffeine addiction
- D. Gastric acid regurgitation

Q3. A 32-year-old overweight woman has facial lanugo, over enlarged parotid glands, dry mouth, lingual thrush and erosion on the lingual aspects of upper and lower incisors, but no eye or joint problems. What is the problem?

- A. Anorexia nervosa
- B. Bulimia nervosa
- C. Sjögren syndrome
- D. Diabetes mellitus

Q4. A 60-year-old ex-construction worker has enlarged, flabby parotid and submandibular glands. He suffers from gastro-oesophageal reflux disease. His erosion is on the lingual aspects of upper and lower incisors. Why is he at risk?

- A. Alcoholism
- B. Bruxism
- C. Caffeine addiction
- D. Indigestion

Q5. A 12-year-old boy grinds his teeth at night. He plays soccer and has two training sessions per week. His favourite daily refreshment is Pepsi Max. What is his oral medicine problem?

- A. Asthma
- B. Bruxism
- C. Caffeine addiction
- D. Juvenile onset diabetes mellitus

Q6. A 60-year-old man has extensive attrition on his anterior and posterior teeth. This came on since he developed hypertension from work-related stress. For these, he takes β blocker and antidepressant medications. His wife says he grinds his teeth at night, and gets up during the night for water for dry mouth. What is his problem?

- A. Ageing
- B. Bruxism
- C. Xerostomia
- D. Undiagnosed diabetes mellitus

Mail answers to: The Editor, Australian Dental Journal, PO Box 520, St Leonards NSW 1590.