

DENTAL INSIGHTS

The Magazine of the Australian Dental Association, South Australian Branch Inc.

November 2020 | Volume 33, Issue 10



This month

CPD
Riverland Conference
and much more



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From the President

We are approaching the pointy end of the year with the festive season well upon us as we prepare for the Christmas and end of year functions with the easing of COVID-19 restrictions in South Australia. This will be a busy time for all!

ADASA Riverland Conference

I would like to think of myself as a sociable President however with the uncertainty of the COVID-19 climate we have experienced for most of this year, the social aspect has been limited with the physical distancing restrictions in place.

It was therefore with great anticipation and excitement that the Riverland Conference finally went ahead. This event featuring two well recognised and talented speakers, **Professor Ian Meyers** and ADASA's **Dr Jim Ball** was very well received and provided opportunity for learning in a physical setting overlooking the river in picturesque Renmark.

A big thank you to our ADASA Events Co-ordinator **Sally Queale** for all her efforts and ensuring that this event came to fruition providing the opportunity for both a safe and enjoyable educational presentation and social function.

This conference delivered over nine hours of CPD and I would encourage members to take advantage of such an enjoyable way of expanding one's professional development in future. More reading regarding the Riverland Conference is featured in an article in this edition of Dental Insights.

Continuing Professional Development (CPD)

CPD is defined by the **Dental Board of Australia** as *"the means by which members of the profession maintain, improve and broaden their knowledge, expertise and competence, and develop the personal and professional qualities required throughout their professional lives"*.

The standard applies to all dentists, dental specialists, dental hygienists, dental therapists, oral health therapists and dental prosthetists, except those who hold one of the following types of registration: non practicing registration, some categories of limited registration and student registration.

Members need to be informed that the first year of this new **CPD cycle** which started 1 December last year is coming to an end. The pandemic has certainly provided member Dentists with the opportunity to use their time productively and focus on CPD as part of their Board registration obligations. This was most evident through the ADA and the **CPD Portal** allowing access to the CPD material which is free of charge, excellent quality, interesting and sourced from appropriate practitioners.

Compliance with the Dental Board of Australia's CPD requirements with the current CPD cycle being 1 December 2019 to 30 November 2022 is one of the requirements



Dr Angelo Papageorgiou

ADASA President

of registration for practising Dentists. Dentists whether full time or part time must be in a position to demonstrate compliance that the requirements of 60 hours of CPD over three years CPD cycle is achieved should the Dental Board audit their registration.

An exception to the 60 hour requirement may involve Dentists that register part way through a CPD cycle or a new registration after period of absence. In such cases Dentists will be required to complete fewer CPD hours on a pro rata basis.

The ADA website offers more than 800 CPD items from across the scientific categories as well as a non-scientific PRAC (practice management) and with new material updated all the time.

Scientific versus Non-scientific CPD

A minimum of 48 hours (80%) of learning must be scientifically based, defined by the Board as activities related to "scientific, clinical or technical aspects of oral

"Education is the passport to the future, for tomorrow belongs to those who prepare for it today" -Malcom X



Investment in knowledge pays the best interest- Benjamin Franklin

Aged Care and Oral Health

Aged care and the provision of oral health to those who fit into the aged care category is an ongoing and complicated area of dentistry that needs to be addressed.

As we begin to see the light at the end of the COVID-19 tunnel, the dental profession can once again spend more time and focus on visiting Residential Aged Care Facilities (RACFs) to treat elderly patients.

The aged care conversation has been markedly progressed this year and advocacy efforts have continued in the space particularly as it is the focus of the Royal Commission into Aged Care Quality and Safety and both the National and South Australian Oral Health Plan.

Residents of aged care facilities should be receiving oral health assessments from suitably qualified dental professionals when they enter an age care facility and thereafter depending on their level of dental risk. Organisations therefore need incentives or regulations to make this happen.

The challenges and issues regarding the oral health care of the elderly in RACFs has been outlined in previous publications of Dental Insights and solutions and alternative approaches need to be considered with the support of ADASA and all the relevant stakeholders.

ADASA plans to hold a forum early next year where the findings of the final report of the Royal Commission into Age Care Quality and Safety is revealed and provide further impetus for ADA to make strong recommendations to Aged Care Facilities, government and the community in relation to the management of these patients who are most in need.

With this in mind, I would like to bring to the attention of members the need for Dentists to participate as a referral base for Dental Hygienists who are currently servicing the needs of the elderly in RACF. The Dental Hygienist Association of Australia (DHAA) and its Aged Care Special Interest Group have advised me that there is currently a

shortage of dentists participating in Residential Aged Care Facilities and therefore seek the opportunity to refer patients to Dentist members and ensure the optimum care for the residents .

Dentist members who have an interest and wish to be a part of the provision of oral health care to the elderly in residential aged care facilities, may develop a strong referral base with Hygienists and Oral Health Therapists who are currently servicing such facilities.

With the findings of the Royal Commission Interim Report last year combined with a number of factors including this year's pandemic, the health care crisis with the aged care industry has been brought into sharp focus. I urge Dentists to raise their hand, pick up their instruments and do their bit to support our allied oral health professionals to provide oral health care to the elderly in RACFs.

Should you be interested in expanding your dental practice and referral base to include the oral health management of the elderly in RACFs, please contact the ADASA office on (08) 8272 8111 or email admin@adasa.asn.au for further information and to register your interest.

Media

Whilst there has been an immense amount of workload for the Branch behind the scenes this year and in plans for the year ahead, ADASA continues to stand strong when it comes to positioning itself on the stage. This month media attention included Radio ABC 891 with Sonya Feldhoff focussing on oral health education such as tooth discolouration and management.

ADASA was also acknowledged with both state and national news broadcast exposure as a result of a Channel 7 News Interview regarding the strong link between refined starches eg. white bread, white rice and noodles and the increased risk of tooth decay in children. This interview with journalist/producer Susan Coubhor is based on a study by the University of Auckland and Starship Children's Hospital and funded by the Starship Foundation. Please read on further in the article featured in this publication.

Environmental and Sustainability Committee

The development of an Environmental and Sustainability Committee as mentioned in a previous CEO report has come full circle with the Committee now established with its Terms of Reference and the first meeting held 13 October 2020.

The Committee's objectives and responsibilities are to assist Council by providing information and advice on the environmental and sustainability matters pertaining to the practice of Dentistry. These objectives are, but are not limited to:

- The preparation and /or review of environmental

- and sustainability strategies and policies.
- The coordination, liaison and communication with Council and ADASA administration on all environmental and sustainability matters.
- The consideration and recommendation of options for future strategic work that will enhance and improve organisational and professional environment sustainability.
- The provision of information to Council for the ADASA website and other publications.

The Committee members are a dynamic and promising group of ADASA members and include:

- Dr Angelo Papageorgiou (President and Chair),
- Dr Sharyn Borrett (Councillor),
- Dr Corrine Ang,
- Dr Ania Puzio,
- Dr Will King,
- Dr Sachin Kulkarni (Councillor),
- Dr Jasper Lee,
- Dr Janet Scott and
- Dr Ingrid White.

The first meeting revealed the depth of talent, passion and commitment in our Committee members and it is with enthusiasm that I look forward to the good work and development of this group.

Nomination Committee

Another ADASA Committee recently established and which has moved forward with great vigour is the newly formed Nomination Committee. The Committee's role serves to assist and advise Council in fulfilling its responsibilities to the ADASA members with respect to various Council objectives including matters relating to the Council composition and structure and Chief Executive Officer (CEO) objectives which relate to the selection and performance of the CEO. Furthermore the Committee will address matters relating to the selection, remuneration and performance of the Community Relations Officer (CRO) and other matters as required.

The Committee members comprise a diverse and experienced group and include:

- Dr Angelo Papageorgiou (President and Chair),
- Dr Sharon Liberali (former Councillor),
- Dr Alan Mann (Councillor) and
- Dr Viabhav Garg (Councillor).

The first task of the Committee has been in the recruitment of a new CEO of the ADASA and this has progressed well.

ADASA Council & Committees - WE NEED YOU!

The end of the current ADASA Council term is coming to a close with the Annual General Meeting to be held on 25 November 2020. I can testify that being an ADASA Council member or a Committee member can

be a rewarding experience as it allows you to contribute actively to your profession, to connect closely with your peers and to play a role in forming the ADASA position on matters of importance.

There are a number of opportunities where members may expand their career and impact ADASA policy by being part of the Council or Committees.

I have seen first-hand the significant and valuable impact of younger and new members to ADASA Council and Committees and the passion, renewed ideas and positive drive to enhance the role and effectiveness of the Branch objectives for the benefit of our members and the broader community. So in the slightly skewed famous words of President John F. Kennedy "And so, my dentist: Ask not what your Association can do for you – ask what you can do for your Association."

Should you wish to advise your expression of interest in being involved in a Committee or Branch activities as listed below, please contact the office via admin@adasa.asn.au or (08) 8272 8111 to discuss available opportunities:

- Awards Committee
- Constitution Committee
- Environmental and Sustainability Committee
- Practice support Committee
- Public Relations Committee
- Recent Graduates Committee
- Dental insights

Online Forms

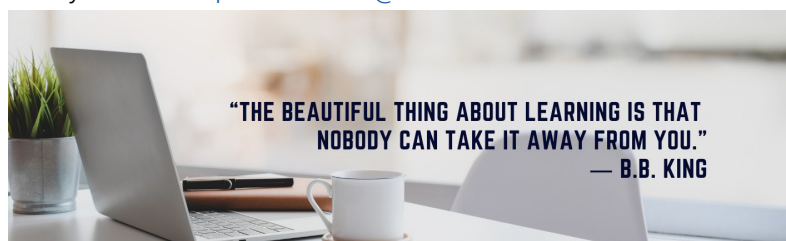
ADASA will gradually transition to the use of Interactive online registration / application forms. Our introduction to online forms will commence with the Annual and Christmas Emergency Rosters. These forms will be available via the following links with more information on pages 11 and 23 of this edition of Dental Insights.

[ADASA Annual Emergency Dental Treatment Roster 2021](#)

[ADASA Christmas & New Year Emergency Dental Treatment Roster](#)

Online Forms will benefit our members with easy to use data entry not requiring printing and with the click of a button your data is securely submitted to the ADASA Team.

Should you have any queries please contact Kristy Amato at publications@adasa.asn.au



Riverland Conference

With the uncertainty of the times we currently live in, we were not sure if the Riverland Conference would be able to proceed but fortunately for everyone involved it did. Held in Renmark, three hours from Adelaide, the small but enthusiastic audience enjoyed a day and a half of CPD presented by our keynote speaker, Professor Ian Meyers, general practitioner and honorary Professor at the University of Queensland, School of Dentistry and Dr Jim Ball, ADASA Community Relations Officer. Ian's topic was Dental dilemmas and debilitated dentitions - managing the everyday challenges of general practice dentistry. His presentation also included risk assessment and managing the oral environment, curing lights, and curing composites, conservative restoration of worn teeth and ageing patients and ageing dentition.

Jim who stepped in at the last minute, spoke about his role as the ADASA CRO and dispute resolution in the practice, employment skills and the importance of good communication.

Delegates and sponsors also enjoyed a chance to catch up with colleagues and friends at the welcome drinks on Friday night and a conference dinner at the 23rd Street Distillery, Renmark which included a tour, tasting and dinner.

ADASA was very pleased to be able to hold the Riverland Conference and we look forward to continuing to provide CPD to the dental profession in a safe but enjoyable environment.

By: Sally Queale - ADASA Event Coordinator



BDS 5 students on placement – Sarah, Joey, Colin, and Tan Kai



Keynote speaker Prof Ian Meyers and Helen Dunn (from GC)

The conference was strongly supported by the dental industry and ADASA would like to acknowledge and thank our nine sponsors who also provided a trade exhibit:

- BOQ Specialist – Gold sponsor
- GC – (Speaker sponsor Prof Meyers)
- Guild Insurance
- Bronze sponsors
- 3M
- Nobel BioCare/Kavo Kerr
- Austbrokers Terrace
- Dentavision
- Hood Sweeney
- Dentsply Sirona

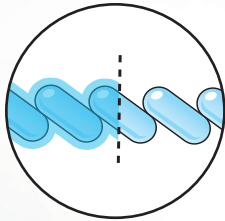


GC prize winner Sachin Kulkarni and Helen Dunn (GC)



Ben Axford and Darren Tomlinson (BOQ Specialist) and Niall Curtpatrick (Austbrokers Terrace)





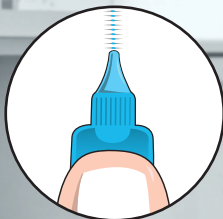
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ADASA Christmas & New Year Dental Treatment Roster

Volunteer dentists and dental specialists are needed for the ADASA Emergency Dental Roster over the holiday period.

This service will operate from 5 pm Friday, 11 December 2020 until 9 pm Sunday 10 January 2021.

This emergency only service will operate in the volunteer dentist's own surgery.

SA Dental Service (SADS) has asked for participants to agree to help treat SADS patients under the Emergency Dental Scheme (EDS) and Pensioner Dental Scheme (PDS). If you require further information before agreeing to participate please contact Team Leader, Support Services at SADS on 08 8222 8381.

Complete your online registration by clicking the link below or scanning the QR Code



[ADASA Christmas & New Year Emergency Dental Treatment Roster](#)

Registration closes 28 November 2020



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For a second opinion on the fiscal fitness of your practice or your personal finances, email our Health team on adasa@hoodsweeney.com.au or call 1300 764 200.

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SEVEN NIGHTLY NEWS: ADASA PRESIDENT TALKS NZ RESEARCH LINK BETWEEN REFINED STARCHES AND TOOTH DECAY IN CHILDREN

Researchers have found that the foods most associated with tooth decay in New Zealand children are white bread, fruit juice, refined breakfast cereals and sugar sweetened soft drinks.

That's according to new research from the University of Auckland and Starship Children's Hospital examining information collected by the country's largest longitudinal study of child development, Growing Up in New Zealand.

The study was funded by the Starship Foundation as part of ongoing efforts to improve children's dental health and prevent early childhood dental caries.

A paediatric dentist at Starship Children's Hospital, Dr. Katie Bach, says thousands of children face hospital treatment every year because of tooth decay.

"Dental caries is the leading cause of avoidable hospital treatment for children in this country and action is needed to ensure that children do not have to endure potentially invasive oral surgery," she says.

Lead author on the study, University of Auckland public health physician, Dr Simon Thornley, says diet was found to have the strongest link with the likelihood of dental caries.

“The key culprits were foods that were high in sugar and high in refined starches. This information should inform our oral health promotion work in this country because many people would not be aware that frequently consuming foods such as white bread, rice and noodles could put children at greater risk of dental caries,” he says.

The research looked at the dental records from the first community dental appointment for more than 4,000 children in the Growing Up in New Zealand study.

These records were then cross referenced with information collected when the children were two-years-old about dental hygiene and food consumption.

The study identified that more frequent intake of the following foods was associated with a greater number of dental caries:

- White bread
- Fruit juice
- Refined breakfast cereals
- Confectionary and cake
- Sugar sweetened soft drinks
- Ice cream
- Noodles

Dr Thornley says some foods were associated with a lower number of dental caries, including frequent intake of wholemeal or whole wheat bread, vegetables from the brassica family such as broccoli, and cheese.

The study authors note that behaviours associated with fewer dental caries included:

- Brushing teeth more regularly
- Parental help with tooth brushing
- Brushing teeth after a snack or a drink.

Dr Thornley says it was positive to learn that three-quarters of all the children studied had no dental caries at their first community dental appointment. However, he says ethnicity and socio-economic status were strongly associated with the number of dental caries in children.

Pacific children were four times more likely to have four or more dental caries at their first community dental appointment, while Asian and Māori children were twice as likely to have four or more dental caries at their first appointment.

“The link between socioeconomic status and diet reinforces what we’ve learnt from other research that poverty and deprivation mean people are less likely to be able to afford good quality food that is nutritious and beneficial for overall health, including oral health,” Dr Thornley says.

The study authors say their work adds further evidence for the need to reduce the availability of foods that are high in sugars and refined starches, while increasing the availability of nutritious foods to young children in New Zealand.

Starship Foundation chief executive, Aisha Daji Punga hopes this research will impact future oral health promotion activities.

“By funding prevention initiatives like this we can accelerate the impact that supporter giving has for our children. Reducing the need for specialist care and hospitalisation is a goal and it’s through research and innovation that we can achieve this and bring better health to children right across New Zealand,” she says.

This story is reproduced from a media release published by the University of Auckland in July 2020

Hidden sugars are one of the biggest culprits in tooth decay

President of Australian Dental Association South Australia, Dr Angelo Papageorgiou said whilst optimum oral hygiene measures are imperative in the fight against decay, it is well known that the effect of sugar, and in particular hidden sugar, is one of the biggest culprits of tooth decay in children.

15,000 Australian children between 5-9 years old are hospitalised each year, needing dental treatment.

“Many of those children requiring hospital treatment have tooth decay,” said Dr Papageorgiou.

“I think we don’t realise the impact sugar has.”

“Refined carbohydrates and refined starches are essentially sugar.”

Dr Papageorgiou said that the message of hidden sugars was only just beginning and needs to be heard by Australians.

“The message to parents is that they should consider the damage refined sugars can have and make well informed choices such as wholegrain carbohydrates, when they can,” he said. “This is important to ensure that the oral environment is able to manage the sugar attacks experienced from the many foods that are high in sugar content or have added or hidden sugars.

“It is vital to remember that what we put in our children’s mouths has an impact on their oral health as well as their general health.”

ADA HR ADVISORY

Employment Relations - What to Expect in 2021

There is no denying that 2020 has been a tumultuous year. The COVID-19 pandemic caused unprecedented circumstances, but with only a few months left of 2020, now is the time for us to start looking ahead and planning for 2021.

The year ahead is filled with uncertainty, but there are a few known factors: firstly, 2021 has got to be better than 2020 (a year which cannot end soon enough), and there will be quite a few changes to HR and employment practices which will impact upon employees and employers alike.

JobKeeper 2.0

The JobKeeper scheme has been of great assistance to many in the dental profession.

The JobKeeper scheme was to cease on 28 September 2020, however, with many economists fearing a “fiscal cliff”, and a significant resulting economic impact, once the scheme came to an end, the Federal Government announced the extension of the scheme until 28 March 2021. The extended JobKeeper scheme is widely known as “JobKeeper 2.0”.

JobKeeper 2.0 is essentially broken into two periods being:

- Period 1: 28 September 2020 - 3 January 2021; and
- Period 2: 4 January 2021 to 28 March 2021.

In order to be eligible for JobKeeper 2.0 for Period 1, an employer must satisfy the turnover test for the July quarter, while eligibility for Period 2 is dependent upon an employer satisfying the turnover test for the December quarter. The turnover test requires an employer to have experienced a 30% reduction in turnover as compared to the comparable period in 2019.

If an employer does not satisfy the turnover test they are not eligible to receive wage subsidies under

JobKeeper 2.0. It is known that a reasonable volume of dental practices are no longer eligible for JobKeeper 2.0, and it is reasonably expected that a further group of dental practices will become ineligible in the second period.

Where a dental knows, or reasonably foresees, that they might be ineligible for JobKeeper 2.0 it is strongly recommend that they start to consider making an application for exemption with the ATO (for example, if 2019 period is not truly comparative) or plan for the end of the scheme.

The amount of JobKeeper payments will also change in accordance with the periods, with the amount paid to an employee also different depending on hours worked in a defined period. The changes are summarised in the table below:

Fortnightly cycle	JobKeeper 2.0	
Average hours worked in 4 weeks before 1 March or 1 July 2020	28 September 2020 – 3 January 2021	4 January 2021 – 28 March 2021
More than 20 hours	\$1,200 per fortnight	\$1,000 per fortnight
20 hours or less	\$750 per fortnight	\$650 per fortnight

JobKeeper 2.0 also creates a second grouping for employers who do not qualify for JobKeeper 2.0, but have experienced a reduction in turnover of at least 10 % or more. These businesses are referred to as a “legacy employer” and can continue to access the JobKeeper provisions relating to the variation of an employees days and hours of work subject to notice and consultation requirements.

Minimum Award Wage Increase

Each year the minimum award wages increase on or around 1 July, however, due to the financial and economic impact of COVID-19, the Fair Work

Commission Wage Panel determined this increase would be spread across 3 groups made of different industrial awards. The Health Professionals and Supports Services Award 2020 minimum wage rates were increased by 1.75% on the 1 July 2020. The Fair Work Commission has highlighted that there will be likely implications in 2021 as to the timing of when modern award minimum wages will increase. Due to the 3 groups and dates of the wage increases in 2020, it is possible we may see this cluster or variation of effective dates again in 2021. This possible repeat in date variation again would be due to the continued financial implications on practices and because the last cluster group's wages are due to increase on 1 February 2021. Practices should plan and be mindful of this possible change as the dental industry was in the first cluster group which was impacted by the increase in the minimum award wages.

Proposed Changes

On 26 May 2020, the Federal Government announced reforms regarding Australia's Industrial Relations System. The Federal Government went on to consult with five 'working groups', which included:

1. Casuals
2. Award Simplification
3. Enterprise Agreement Making
4. Compliance and Enforcement
5. Greenfield's Agreement for the Life of Major Projects

This process of consultation with the working groups concluded at the end of September 2020. The second stage of reforms is for the Government to consider the proposed changes and introduce legislation to give effect to the changes. The Industrial Relations Minister, Christian Porter, has suggested that legislation will be introduced by the end of 2020.

There are several areas which are likely to have a reasonably significant direct impact upon the dental profession including the engagement of casual employees, award simplification and minimum entitlement compliance.

Further details will be communicated to the profession once known.

Work Health Safety

One of the biggest focuses within the dental industry in 2020 has been the increased emphasis on creating and maintaining a safe workplace for employees. The Work Health and Safety obligation of employers was highlighted this year and will continue to be a focus in 2021.

This focus has shifted in 2020 from addressing and minimising general workplace risks to the assessment of complex issues such as working from home, travelling to and from work in an infectious environment, adequate PPE, increased cleaning/hygiene procedures, infection control and imposing

similar standards upon members of the public with who we engage.

Regardless of whether a vaccine is or is not discovered, the increased focus upon Work Health Safety will certainly continue throughout 2021.

The Nature of Work

Although not as prevalent within the dental profession, the COVID-pandemic has seen a significant increase in the volume and type of flexible working requests made.

Workplaces will continue to develop their "new norm" throughout 2021 and it is anticipated that an increased volume of requests will be made as employees continue to explore flexible work options.

Mental Health

As expected, the COVID-pandemic has had significant personal consequences for many.

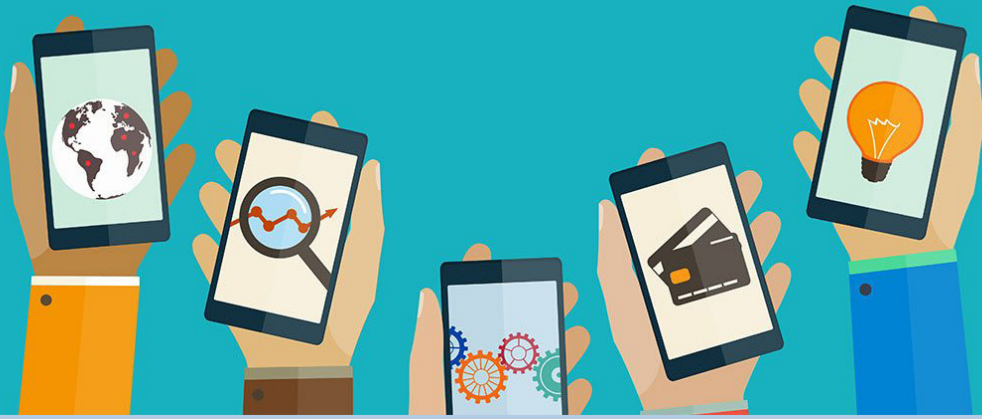
Practice owners have experienced incredible uncertainty and financial pressure, while practitioners have had to navigate their way through personal, professional and financial challenges presented by the pandemic.

These issues have, unfortunately, had a direct impact upon individuals mental wellbeing and as a result, to the credit of many practices, we are seeing an increased focus upon the provision of personal support mechanisms through the workplace including an Employee Assistance Programme as an example. This is a further area of attention which we anticipate will continue throughout 2021.

It is likely that 2021 may continue to be another year that holds unprecedented events however, being able to prepare based on current 2020 trends and predictions will help practices maintain compliant practices while addressing the needs of their valued practitioners.

For further information or assistance in relation to this article, please do not hesitate to contact the ADA HR Advisory Service on 1300 232 462.





REVIEW COMMITTEE | Balance Between Referrals and D.I.Y.'s..... “I can’t afford a specialist...can you give it a go ?”

What would you do if your best friend or relative came to see you about a painful upper first molar, that had all of the symptoms of irreversible pulpitis, viz: tender to biting pressure, reacting violently to heat, and exhibited some peri apical radiolucency on a radiograph.

Would you agree to treat or refer to a specialist? If you were persuaded to perform endodontics because your friend/ relative could not afford specialist treatment, would you inform the patient of all the following possible outcomes ?

- Missed diagnosis of a second mesiobuccal canal (Incidence of a second MB canal is approximately 60%)
- Root perforation
- Fracture of an endodontic instrument (file separation)
- Calcified canals
- Tooth fracture

Would you inform the patient? The answer is “yes you would”. The patient can then make an informed decision about the treatment.

How many times have we all heard or read about an endodontic case where the dentist has fractured an instrument and left it behind in the canal without informing the patient, then sometime later, when the tooth develops symptoms the patient finds out from another dentist or an endodontist. There have been many cases in Australia where dentists have been embarrassed and made to remunerate for their lack of communication, not to mention the loss of faith these patients would have in the dental practitioner.

The same philosophy would apply for tooth extraction, i.e.,

- Tooth fracture
- Root fragments left behind
- Tuberosity fracture
- Antral perforation
- Pain, infection, bleeding
- Dry socket

If the extraction does not “go to plan”, always refer.

Whatever the patient presents with, be it endodontics, oral surgery, prosthodontics, orthodontics etc., the rules of “Informed Consent” are the same.

We are all living in more litigious times, as evidenced by the increasing number of complaints processed by Ahpra.

The Dental Board of Australia and Ahpra released some documents during September 2020 called “Good Record Keeping- A Self Reflective Tool to Support Record Keeping by dental practitioners”. This tool is intended to help you monitor and assess whether you meet regulatory standards an expectation relating to record keeping, as per the Code of Conduct.

Before you decide to treat a patient, you should ask yourself if you have adequate competency, i.e. adequate knowledge, skill and experience, and that your record keeping systems and protocols are of an adequate standard for dental practice.

Dr.Stephen Carapetis
Review Committee

Practice Managers Network Seminar



Our final Practice Managers Network seminar for 2020 was held on Wednesday, 14 October 2020.

Those joining in person and online heard speaker, Kylie Cocks, Health Work Advisor for Associations at Business SA talk about mentally healthy workplaces and reducing psychological risk. In the challenging times in which we are currently living, now more than ever, well-being in the workplace is very important.

Kylie's presentation covered the benefits of focusing on workplace wellbeing, the importance of practice owner's well-being, building a positive culture, the major causes of stress, encouraging employees to be healthy and much more.

Kylie also defined the WHS Act, work related claims in SA and the cost of mental health in the workplace. She also provided a link to an online risk assessment tool designed to help employers meet their legal obligations to manage risks associated with psychological injury:

https://www.worksafe.qld.gov.au/_data/assets/pdf_file/0027/19476/psychosocial-risk-assessment.pdf

Kylie also spoke about the three big stress points for business owners being time management, financial pressures and compliance. She also provided resources available through Safework SA and SafeWork Australia: www.safework.sa.gov.au

ADASA looks forward to providing seminars again in 2021 to our Practice Managers Network.

If you have any suggestions for possible topics please email Sally at events@adasa.asn.au



Pictured Left to Right:
Sally Lumber, Robyn Moore, Kylie Cocks and Lyn Carman



GOLF DAY

We invite you to a round of golf with your friends and colleagues. Both handicapped and non-handicapped players are welcome.

Refreshments will be served and trophies awarded at the conclusion of play.

Location Kooyonga Golf Club
Date Friday, 20 November 2020 | Tee off at 1pm
Cost ADASA Kooyonga Members \$55 | ADASA Members: \$ 145 | Non Members: \$225

A Registration form can be located on page 27 of this month's Dental Insights



Changes to your dental record-keeping obligations

**Thursday 5 November 2020
12.30pm - 1.30pm**

Learn about the new changes for dental record-keeping that come into effect 1 October.

Dental records, consent and sound decision-making are essential for each and every patient appointment. On 1 October 2020, the Dental Board of Australia will retire the Guidelines on Dental Records.

In its place, new support documents will be released to help practitioners to meet record-keeping requirements.

For more information and to register your attendance for this webinar visit the ADASA website: www.adasa.asn.au or email Sally Queale at events@adasa.asn.au

Stay in touch with the latest news

www.adasa.asn.au



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Advertise with us

Download the booking form from our website and return to Kristy Amato
Email: publications@adasa.asn.au

DENTAL INSIGHTS

The Magazine of the Australian Dental Association, South Australian Branch Inc.



August 2020 | Volume 33, Issue 7

Annual General Meeting & Awards Night

ADASA, President Dr Angelo Papageorgiou invites dentist members to attend the Annual General Meeting (AGM) and Awards night.

Wednesday 25 November 2020

At the conclusion of the AGM, ADASA will recognise four members for their outstanding contribution and services to the Association.

AGM business will include:

- *Presidents Report*
- *Treasurers Report*
- *Appointment of auditors*
- *Nomination and election outcomes for Council and Review Committee*

Awards to be presented to:

- *Sharon Liberali - Distinguished Service Award*
- *Anthony Smerdon - Distinguished Service Award*
- *Chris Pazios - Award of Merit*
- *Peter Alldritt - Life Membership Award*

Please join us at Henry's Table, Ayers House at 7pm for this special evening.

Due to COVID Restrictions, numbers will be limited for this cocktail party event. Finger food and drinks will be served.

Please login to the website to register to attend or contact Sally Queale at events@adasa.asn.au or call 08 8272 8111.

Thank you to our sponsors | Guild Insurance and Medfin





Declaration Ceremony Saturday 12 December 2020

It is with great pleasure that the Australian Dental Association, SA Branch invites you to the Declaration Ceremony for the 2020 graduands of the Bachelor of Dental Surgery, University of Adelaide

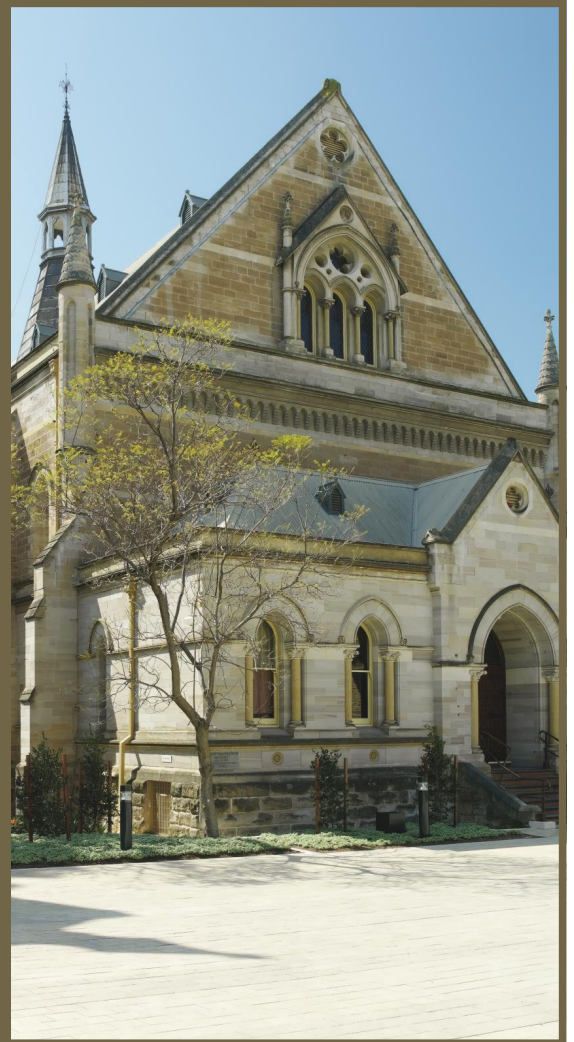
Date: Saturday, 12 December 2020

Time: 10.00am for a 10.30am start, concluding at 12.30pm

Location: Elder Hall, The University of Adelaide, North Terrace, Adelaide

Members, students and non-members are welcome to attend and show your support for the graduating BDS students of 2020

Please register via the website: www.adasa.asn.au or contact Sally Queale on 08 8272 8111, or email events@adasa.asn.au



Study Club #6 Seminar Thursday 3 December 2020 6.30pm

CAD/CAM Technology

For full details on this presentation and to register please visit: www.adasa.asn.au

This is an ADASA member only event and you must be registered to attend.

The Study Club will be held at Dentsply Sirona.

Please refer to the website for further details.

Queries contact Sally at events@adasa.asn.au



SAVE THE DATE

Monday 22 February 2021

RELATIVE ANALGESIA COURSE

This full day course for dentists, is presented in conjunction with ADASA and the Australian Society of Dental Anaesthesiology (ASDA).

The objective of the course is to enable participants to become proficient and confident in the administration of Relative Analgesia in clinical practice.

The courses are endorsed by the Australian Society of Dental Anaesthesiology and provide an efficient introduction to dental Relative Analgesia. The courses are also an excellent refresher for dentists wishing to update their theoretical and practical skills in the delivery of Relative Analgesia.

Registration will open 1 November.

www.adasa.asn.au

Queries please email Sally events@adasa.asn.au

Classifieds

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- Dr Dewar Sawers

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RESEARCH SURVEY



Dr Monique Cheung (Endodontics postgraduate student) and Professor Peter Parashos at the Melbourne Dental School, University of Melbourne, VIC are conducting a research project involving an online survey of general dentists and endodontists.

We kindly request your participation in a questionnaire, entitled:

"Questionnaire survey of current endodontic trends"

Your participation will help in making the results as representative as possible, and your answers will be **completely anonymous**.

Detailed information and the survey can be found at the link below. If you would like to participate, the survey will take approximately 10-15 minutes. Your assistance is greatly appreciated.

<http://go.unimelb.edu.au/zz9j>

CRICOS No: 00116K

Join our vibrant family oriented dental practice in Central Adelaide. Start from 2 days with room to expand your own patient data base. Minimum of 5 years experience is appreciated.

Please email tianna.xbai@gmail.com to express your interest.

Healthy Teeth Healthy Life

ADASA Annual Emergency Dental Treatment Roster

Our Annual Emergency Dental Treatment Service is an after-hours operation.

The service operates between 5pm and 9pm each week night and from 9am through to 9pm every Saturday, Sunday and Public Holiday.

The emergency roster is set out for the year 2021 and will be divided evenly between the dentists who participate.

The dentist allocated for Friday evening will continue the service which includes Saturday and Sunday and any Public Holiday which may follow that weekend.

Complete your online registration by clicking the link below or scanning the QR Code

[ADASA Annual Emergency Dental Treatment Roster 2021](#)



Registration closes 28 November 2020

On January 14, 2020, it's the End of Life (EOL) for Microsoft's Extended Support for **Windows 7 & Windows Server 2008/R2**

What does this mean for you?

- Your computers and servers will no longer receive security updates
- Your practice management software will no longer be supported on systems running those platforms

What can you do about it?

- As the ADASA Business Partner for IT services to its members, we offer the Association's members a free IT 'check-up'. This consultation will analyse members' current IT systems and suggest any possible improvements. Excludes any travel costs to any practices outside of the Adelaide Metropolitan area



Professional Managed IT Services - A dentist would never simply treat symptoms. They practice preventative dentistry in an effort to give their patients the best quality care, IT management should be tackled in the same way. A proactive, preventative approach boosts efficiency, performance and availability saving you downtime and money.
Let us take care of IT, while you look after your patients.

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ADASA - BOQ SPECIALIST GOLF DAY

Friday 20 November 2020

Kooyonga Golf Club

Handicapped and non-handicapped players are welcome to register for this annual ADASA social event.

Please arrive by 12.30pm for a player briefing. Play will commence at 1pm with a Shot Gun start, playing 18 holes in groups of 4. Please note, a dress code applies on course and in the clubhouse.

Following play will prizes and trophies will be awarded with food and drinks provided.

A decision on whether the dinner will be held will be made closer to the event and players notified.

Visit the ADASA website for full details: www.adasa.asn.au

Name Official Handicap

AddressKooyonga member Yes or No

Email..... Veteran 60 or Over Yes or No

Please arrange a playing partner for me Yes or No (If no) partners name

Opponents (1) (2)

Dietary Requirements.....

Tick applicable

\$55pp - Green fees for Kooyonga Golf Club members with ADA membership, (limited to first 20 players who register)

\$145pp - Green fees for all other players with ADA membership

\$225pp - Non ADA members

Payment details

I wish to pay (total) \$..... credit card cheque (enclosed)

VISA MASTERCARD Expiry date...../..... CVV number.....

Card number.....

Name on card.....

Cardholderssignature.....

Thank you to our sponsors



Registration closes 9 November 2020

Return form to ADASA - EMAIL: events@adasa.asn.au - FAX: 08 8272 4357 - POST: PO Box 858, Unley SA 5061
or register on the ADASA website www.adasa.asn.au

End this year with an unexpected bonus



Receive up to \$1,250 worth of consumables with your new equipment purchase this end of year

With the end of 2020 fast approaching, we want to ensure that you and your practice finish the year on a high note. That's why, we're rewarding you with up to \$1,250 worth of consumables.

If you finance your new equipment purchase with us via a fixed term contract which settles before 31 December 2020, you'll receive credit to spend on consumables with the same supplier:

- **\$500** credit on equipment purchases valued between \$20,000 and \$50,000;
- **\$750** credit on equipment purchases valued between \$50,001 and \$100,000; or
- **\$1,250** credit on equipment purchases to the value of \$100,001 or greater.

Visit us at boqspecialist.com.au/eoy or speak to your local finance specialist on **1300 131 141**.

BOQ Specialist. The bank for dental professionals



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Equipment purchase must be financed with BOQ Specialist on a fixed term contract equal to or greater than 36 months with settlement completed by 31 December 2020. Available for lease, chattel mortgage and asset purchase. Not available on internal refinances, escrows, rollovers, fit-out, residential or commercial property and goodwill loans. Not available in conjunction with the SME Government Guarantee Loan Scheme. Documentation fee of \$495 applies. Promotion is applied per invoice, and available in conjunction with other individual supplier promotions. Maximum consumables cost to be the lesser of 20% or \$30,000 per invoice submitted for finance. Credit for consumables must be redeemed on or before 31 December 2020 and with the same supplier. This offer expires on 31 December 2020 and is subject to change without notice at the discretion of BOQ Specialist.