2024

# AUSTRALIA'S ORAL HEALTH TRACKER

Technical Paper Third Edition







#### **TECHNICAL NOTE**

Australia's Oral Health Tracker was first released in 2018. This report is the third edition of Australia's Oral Health Tracker technical paper. This update outlines the latest data on Australian oral health; how these figures compare to the past and how they are tracking against the proposed population health targets for 2025. The baseline data is the available data nearest to the year 2010, while the target year 2025 is in line with the World Health Organization (WHO)'s targets for global prevention and reduction in chronic diseases.

There are limitations in the data that is currently available. Comparative data in this report is drawn from the most recent reputable source for the appropriate age cohort. Where possible, statistics have been updated. Additional statistics will be updated as further studies and surveys are completed.

#### PREFERRED CITATION

Australian Dental Association 2024. Australia's Oral Health Tracker 2024: Technical Paper, Mitchell Institute, Victoria University, Melbourne.

#### **ACKNOWLEDGEMENTS**

The Australian Dental Association (ADA) and the Australia Health Policy Collaboration (AHPC) in cooperation with a working group made up of academics, researchers, epidemiologists, public health experts and dental practitioners developed Australia's Oral Health Tracker 2018 to inform and influence oral health policies and services in Australia.

The AHPC is led by the Mitchell Institute at Victoria University and brings together leading health organisations and chronic disease experts to translate rigorous research into good policy. The national collaboration has developed health targets and indicators for preventable chronic diseases designed to contribute to reducing the health impacts of chronic conditions on the Australian population.

The Mitchell Institute for Education and Health Policy at Victoria University is one of the country's leading education and health policy think tanks and trusted thought leaders. Its focus is on improving education and health systems so more Australians can engage with and benefit from these services, supporting a healthier, fairer and more productive society.

The updated data included in the *Oral Health Tracker* has been compiled by the ADA, the peak national body for dentists in Australia, with support from the Mitchell Institute. Australia's *Oral Health Tracker* is a shared resource and it is for use by everyone with an interest in improving the oral health and general health of Australians.

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ABS Australian Bureau of Statistics

ADA Australian Dental Association

AHS Australian Health Survey

**AIHW** Australian Institute of Health and Welfare

**ARCPOH** Australian Research Centre for Population Oral Health

NDSHS National Drug Strategy Household Survey

NDTIS National Dental Telephone Interview Survey

NHMRC National Health and Medical Research Council

NOHP National Oral Health Plan

NSAOH National Survey of Adult Oral Health

PHIDU Public Health Information Development Unit

**WHO** World Health Organization

### INTRODUCTION



Poor oral health is a significant contributor to the burden of disease in Australia. Oral diseases are among the most common and costly to Australians and the Australian healthcare system, with \$11.1 billion being spent on dental services in 2020/21. Many of the conditions that affect the oral cavity are largely preventable, including dental caries, periodontitis, and oral cancers. However, these conditions can have a significant effect on oral health and quality of life, with the ability to cause pain and an increase in days absent from work. In severe cases, these conditions can result in hospitalisation or even lead to death.

Oral diseases share many risk factors with diseases that affect whole-body health. These can include non-nutritious diets high in sugar, tobacco and vape use, and the regular consumption of alcohol at risky levels. In 2005, the World Health Organization (WHO) called for oral health to be integrated with all health care:

"the compartmentalization involved in viewing the mouth separately from the rest of the body must cease because oral health affects general health by causing considerable pain and suffering and by changing what people eat, their speech and their quality of life and well-being."

Changes to maintain or improve Australian oral health require both individual behavioural change and government policy action. Individual changes should address diet, a reduction in free sugar and alcohol consumption, cessation of smoking, regular exposure to fluorides and regular preventive dental checks. To aid individual changes, government actions must address the determinants of health including social, lifestyle and economic factors in an attempt to improve the oral health of Australians. A multifaceted approach is required to address the level of complexity and factors affecting oral health.

This technical paper (third edition) is the accompanying document for Oral Health Trackers; Australia's Adult Oral Health Tracker (2024) and Australia's Children and Young People Oral Health Tracker (2024).

#### **TABLE KEY**

- Trend in right direction. **Good progress** towards target. Maintain efforts.
- Trend indicates **no/limited progress** towards target.
- Trend in wrong direction. **Poor progress** against target.
- Insuffcient data to report on progress.

### SUMMARY OF AUSTRALIA'S ORAL HEALTH TARGETS AND INDICATORS

FRAMEWORK ELEMENT PROPOSED MEASURES TO REACH TARGETS PROPOSED AUSTRALIAN INDICATORS

#### Risk Factors and Determinants for Poor Oral Health

RISK Factors and Det	erminants for Poor Oral Health	
Sugar intake	A 30% reduction in the proportion of Australians consuming too much sugar	<ul> <li>Free sugar consumption is greater than 10% overall energy intake (aged 19+)</li> <li>Free sugar consumption is greater than 10% overall energy intake (young people 14-18 years)</li> <li>Free sugar consumption is greater than 10% overall energy intake (children 9-13 years)</li> </ul>
Access to optimally fluoridated drinking water	Increased access to optimally fluoridated drinking water across the Australian population	Proportion of the Australian population with access to optimally fluoridated drinking water
Tooth brushing	A 10% increase in twice daily toothbrushing	<ul> <li>Adults (aged 18+) that brush their teeth at least twice daily</li> <li>Children (5-14 years) that brush their twice at least twice daily with fluoridated toothpaste</li> </ul>
Dental visiting behaviours	A 10% increase in the proportion of Australians receiving an annual dental check-up	<ul> <li>Adults (aged 18+) that have visited the dentist for a checkup in the previous 12 months</li> <li>Young people (12-17 years) that have visited the dentist for a check-up in the previous 12 months</li> <li>Children (5-11 years) that have visited the dentist for a check-up in the previous 12 months</li> </ul>
	A 20% increase in the proportion of Australians visiting the dentist before age 5	• Children (aged 5-6) that visited the dentist before age 5
Alcohol and tobacco consumption	A 20% reduction in long-term risky drinking	Reported average alcohol consumption of more than 2 standard drinks per day over the last year (aged 14+)
	A reduction in overall smoking rates to 5% of the Australian population.	<ul> <li>Age standardised prevalence of Australians daily smokers (aged 14+)</li> </ul>

#### Oral Health Conditions

Dental caries	A 10% increase in the proportion of adults that have never experienced dental caries	Adults that have never experienced dental caries in their permanent teeth (DMFT = 0).
	A 10% reduction in the proportion of children that have experienced dental caries	<ul> <li>Children (5-6 years) that have experienced dental caries in their primary teeth (DMFT &gt; 0)</li> <li>Children (6-14 years) that have experienced dental caries in their permanent teeth (DMFT &gt; 0)</li> </ul>
	A 20% reduction in Australians with untreated tooth decay	<ul> <li>Untreated dental caries (aged 15+)</li> <li>Untreated dental caries in primary teeth (children 5-10 years)</li> <li>Untreated dental caries in permanent teeth (children 6-14 years)</li> </ul>
Oral cancer	Reverse the rise in oral cancer incidence	<ul> <li>Age-standardised incidence rate of oral cancer per 100,000 population.</li> </ul>
	A 15% reduction in oral cancer mortality	<ul> <li>Age-standardised mortality rate or oral cancer per 100,000 population.</li> </ul>
Gum disease (periodontitis)	A 15% reduction in gum disease (periodontitis)	Australians (aged 15+) with periodontal pockets (>4mm)
Potentially preventable hospitalisations	A 10% reduction in potentially preventable hospitalisations due to dental conditions for children aged 5-9 years	• Refer to measure
Inadequate dentition	Halt the rise in Australians with inadequate dentition	<ul> <li>Adults (18+) with inadequate dentition/ severe tooth loss (fewer than 21 teeth)</li> </ul>
Toothache	Reverse the rise in adult toothache prevalence	Reported toothache in the previous 12 months (aged 15+)
	A 10% reduction in child toothache prevalence	Reported toothache in the previous 12 months (children 5-14 years)

### **SUGAR**



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RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND
Adults (19+) consuming too much free sugar	47.8%^	33.5%	No new data	Inadequate data to assess trend

### LATEST AUSTRALIAN DATA

As reported in Australia's *Oral Health Tracker* 2018, 47.8% of adults exceeded WHO's recommendation for free sugar intake to be 10% or less than total energy intake. *Source: AHS 2011-12, Table 3.1, Australian Bureau of Statistics (2016).* 

#### **TECHNICAL NOTE**

'Too much free sugar' is defined as ≥10% of daily energy (on a usual basis) from free sugars, based on WHO recommendations.

#### **TARGET**

The 2025 target is 33.5%.

#### **TREND**

There is insufficient data to determine a trend.

- Baseline: Not available
- Australia's Oral Health Tracker 2018: 47.8% (AHS 2011-12)
- Australia's Oral Health Tracker 2020 & 2024: No new data

### LATEST INDIGENOUS DATA

CHILDREN				
RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND
Children (9-13 years) consuming too much sugar	70.3%^	49.2%	-	Inadequate data to assess trend
		YOUNG PEOPLE		
RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND
Young people (14-18 years) consuming too much sugar	73.1%^	<b>51.2</b> %	-	Inadequate data to assess trend

### DATA

**TECHNICAL NOTE** 

TARGET

**TREND** 

The latest data reports 70.3% and 73.1% of children and young people respectively are consuming too much sugar. *Source: ASH 2011-12.* 

'Too much free sugar' is defined as ≥10% of daily energy (on a usual basis) from free sugars, based on WHO recommendations.

The 2025 target is 49.2% and 51.2% for children and young people respectively.

There is insufficient data to determine trends.

#### Children

- · Baseline: Not available
- Australia's Oral Health Tracker 2018: 70.3% (AHS 2011-12)
- Australia's Oral Health Tracker 2020 & 2024: No new data

#### Young People

- Baseline: Not available
- Australia's Oral Health Tracker 2018: 73.1% (AHS 2011-12)
- · Australia's Oral Health Tracker 2020 & 2024: No new data

Comparable Aboriginal and Torres Strait Islander data not available.

# ACCESS TO OPTIMALLY FLUORIDATED DRINKING WATER



ADULTS					
RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND	
The proportion of the population with access to optimally fluoridated drinking water	89%^	94.0%	90% 85% 80% 75%		

### LATEST AUSTRALIAN DATA

As reported in Australia's *Oral Health Tracker* 2018, as of 2017, 89% of the Australian population had access to optimally fluoridated drinking water. *Source: Australia's NOHP* 2015-2024.

#### **TECHNICAL NOTE**

Optimally fluoridated drinking water refers to a water supply with fluoride levels ranging from 0.6 to 1.1 mg/L.

#### **TARGET**

The 2025 target is for 94% of the Australian population to have access to optimally fluoridated drinking water.

#### **TREND**

There is insuffcient new data to determine an updated trend.

- Baseline: 82.2% (Australia's NOHP 2015-2024)
- Australia's Oral Health Tracker 2018: 89% (Australia's NOHP 2015-2024 Monitoring report, 2017)
- Australia's Oral Health Tracker 2020 & 2024: No new data

### LATEST INDIGENOUS DATA

### **TOOTHBRUSHING**



ADULTS					
RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND	
Adults (18+) that brush teeth twice daily	54%	56.0%	60% 40% 20% 0% 2011 2016 2019 2022		

### LATEST AUSTRALIAN DATA

The latest data indicates 54% of Australian adults brush their teeth twice daily. Source: ADA Consumer Survey 2023.

#### **TECHNICAL NOTE**

Twice daily brushing is used as the measure. The addition of fluoride toothpaste is important, and the majority of toothpaste sold in Australia contains fluoride.

#### **TARGET**

The 2025 target is 56%.

#### **TREND**

The latest data suggests progress towards the target.

- Baseline: 56% (ADA Consumer Survey 2011)
- Australia's Oral Health Tracker 2018: 51% (ADA Consumer Survey 2016)
- Australia's Oral Health Tracker 2020: 53% (ADA Consumer Survey 2019)
- Australia's Oral Health Tracker 2024: 54% (ADA Consumer Survey 2022)

### LATEST INDIGENOUS DATA

CHILDREN					
RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND	
Children (5-14 years) that brush teeth twice daily with fluoridated toothpaste	68.5%^	<b>75.4</b> %		Inadequate data to assess trend	

### LATEST AUSTRALIAN DATA

As reported in Australia's *Oral Health Tracker* 2018, 68.5% of children aged 5-14 years brush their teeth twice daily. *Source: NCOHS* 2012/14.

#### **TECHNICAL NOTE**

Twice daily brushing is used as the measure. The addition of fluoride toothpaste is important, and the majority of toothpaste sold in Australia contains fluoride.

#### **TARGET**

The 2025 target is 75.4%.

#### **TREND**

There is insufficient data to determine a trend.

- Baseline: Not available
- Australia's Oral Health Tracker 2018: 68.5% (NCOHS 2012-14)
- · Australia's Oral Health Tracker 2020 & 2024: No new data

- Australia's Oral Health Tracker 2018: 54.4% (NCOHS 2012-14)
- Australia's Oral Health Tracker 2020 & 2024: No new data

# DENTAL VISITING BEHAVIOURS



ADULTS					
RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND	
Adults (18+) that have had a dental check-up in the last 12 months	48.8%^	61.0%	60% 40% 20% 0% 2010 2017/18		

### LATEST AUSTRALIAN DATA

The latest data reports only 48.8% of Australian adults (18+) have had a dental check-up in the last 12 months. *Source: NSAOH* 2017-18.

#### **TECHNICAL NOTE**

Dental check-ups are reported rather than dental visits as dental check-ups reflected proactive, preventive measures whereas dental visits may be reactive for acute conditions. The latest data was extracted from the NSAOH 2017/18 by the Australian Research Centre for Population Oral Health (ARCPOH).

#### **TARGET**

The 2025 target is 61%.

#### **TREND**

There is no new comparable data to report on progress. The latest data in 2020 suggested poor progress towards the target.

- Baseline: not available
- Australia's Oral Health Tracker 2018: 55.5% (NDTIS 2010)
- Australia's Oral Health Tracker 2020: 48.8% (NSAOH 2017-18, extracted from data by ARCPOH)
- Australia's Oral Health Tracker 2024: No new data

### LATEST INDIGENOUS DATA

# RISK FACTORS LATEST AUSTRALIAN DATA 2025 TARGET BASELINE DATA AGAINST LATEST DATA TREND Children (5-6 years) that visited a dentist before age 5

### LATEST AUSTRALIAN DATA

As reported in Australia's *Oral Health Tracker* 2018, just over half (55.8%) of children (5-6 years) visited a dentist before age 5. *Source: NDTIS 2012/14.* 

#### **TARGET**

The 2025 target is 67%.

#### **TREND**

There is insufficient data to determine a trend.

- Baseline: Not available
- Australia's Oral Health Tracker 2018: 55.8% (NDTIS 2012-14)
- · Australia's Oral Health Tracker 2020 & 2024: No new data

- .Australia's Oral Health Tracker 2018: 46% (NDTIS 2010)
- Australia's Oral Health Tracker 2020 & 2024: No new data

#### **CHILDREN**

RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND
Children (5-11 years) that have had a dental check-up in the last 12 months	73.9%^	81.3 <sup>%</sup>	-	Inadequate data to assess trend

### LATEST AUSTRALIAN DATA

As reported in Australia's *Oral Health Tracker* 2018, 73.9% of children (5-11 years) had a dental check-up in the last 12 months. *Source: NDTIS 2010.* 

#### **TECHNICAL NOTE**

Dental check-ups are reported rather than dental visits as dental check-ups reflected proactive, preventive measures whereas dental visits may be reactive for acute conditions.

#### **TARGET**

The 2025 target is 81.3%.

#### **TREND**

There is insufficient data to determine a trend.

- Baseline: Not available
- Australia's Oral Health Tracker 2018: 73.9% (NDTIS 2010)
- · Australia's Oral Health Tracker 2020 & 2024: No new data

### LATEST INDIGENOUS DATA

#### **YOUNG PEOPLE**

RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND
Young people (aged 12-17) that have had a dental check-up in the last 12 months	78.4%^	86.2%	-	Inadequate data to assess trend

### LATEST AUSTRALIAN DATA

As reported in Australia's *Oral Health Tracker* 2018, 78.4% of young people (12-17 years) had a dental check-up in the last 12 months. *Source: NDTIS 2010*.

#### **TECHNICAL NOTE**

Dental check-ups are reported rather than dental visits as dental check-ups reflected proactive, preventive measures whereas dental visits may be reactive for acute conditions. Data extracted from the National Survey of Adult Oral Health 2017-18 by Australia Research Centre for Population Oral Health (ARCPOH).

#### **TARGET**

The 2025 target is 86.2%.

#### **TREND**

There is insufficient data to determine a trend.

- Baseline: Not available
- Australia's Oral Health Tracker 2018: 78.4% (NDTIS 2010)
- · Australia's Oral Health Tracker 2020 & 2024: No new data

### LATEST INDIGENOUS DATA

### ALCOHOL AND TOBACCO CONSUMPTION



ADULTS				
RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND
Daily smokers (aged 14+)	11%	<b>5.0</b> %	20%  15%  10%  5%  0%  2010  2016  2019	

### LATEST AUSTRALIAN DATA

As reported in Australia's Oral Health Tracker 2024, as of 2019, 11% of Australians aged 14+ years smoked daily, down from 12.2% in 2016. Source: NDSHS 2019, AIHW (2023)

#### **TECHNICAL NOTE**

The 2025 target is 5%, as endorsed by a tobacco expert working group for Australia's health targets and indicators.

#### **TREND**

The data suggests progress towards the target.

- Baseline: 15.1% (NDSHS 2010, AIHW 2014)
- Australia's Oral Health Tracker 2018: 12.2% (NDSHS 2016, AIHW (2017))
- Australia's Oral Health Tracker 2020: No new data
- Australia's Oral Health Tracker 2024: 11% (NDSHS 2019, AIHW (2023))

- Australia's Oral Health Tracker 2018: 27.4% (NDSHS 2016, AIHW (2017))
- · Australia's Oral Health Tracker 2020: No new data
- Australia's Oral Health Tracker 2024: 24.9% (NDSHS 2019, AIHW (2023))\*

<sup>\*</sup> Due to the small sample sizes for Aboriginal and/or Torres Strait Islander people, estimates should be interpreted with caution.

ADULTS		
2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND
	21%	

2016

2019

<b>₽</b>
Long-term risky drinking (aged 14+)

**RISK FACTORS** 

16.8%

LATEST <u>AU</u>STRALIAN

**DATA** 

13.7%

### LATEST AUSTRALIAN

As reported in Australia's Oral Health Tracker 2024, as of 2019, 16.8% of Australians aged 14+ years took part in long-term risky drinking, down from 17.1% in 2016. Source: NDSHS 2019, AIHW 2023

2010

0%

#### **TECHNICAL NOTE**

'Risky use of alcohol' as defined in the NHMRC guidelines for lifetime risk is the consumption, on average, of two or more standard drinks per day.

#### **TARGET**

DATA

The 2025 target is 13.7%.

#### **TREND**

The data suggests progress towards the target.

- Baseline: 20.1% (NDSHS 2010, AIHW 2011)
- Australia's Oral Health Tracker 2018: 17.1% (NDSHS 2016, AIHW 2017)
- · Australia's Oral Health Tracker 2020: No new data
- Australia's Oral Health Tracker 2024: 16.8% (NDSHS 2019, AIHW (2023))

- Australia's Oral Health Tracker 2018: 20.4% (NDSHS 2016, AIHW 2017)
- Australia's Oral Health Tracker 2020: No new data
- Australia's Oral Health Tracker 2024: 19.3% (NDSHS 2019, AIHW (2023))\*

### DIABETES



ADULTS				
RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND
Prevalence of diabetes in adults (25-64 years)*	4.2%^	4.1%	6%	

### LATEST AUSTRALIAN DATA

The latest figures estimate that 4.2% of Australians aged 25-64 years are living with diabetes. Source: NHS 2017-18, ABS (2019).

#### **TECHNICAL NOTE**

Prevalence, not incidence, is used to develop and report on the target. The data could not be standardised for age.

#### **TARGET**

Using the 2007/08 figure as a baseline, the 2025 target is 4.1%.

#### **TREND**

There is no new comparable data to report on progress. The latest data in 2020 suggested progress towards the target.

- Baseline: 4.1% (NHS 2007/08, ABS (2009))
- Australia's Oral Health Tracker 2018: 4.7% (NHS 2014/15 extracted by PHIDU)
- Australia's Oral Health Tracker 2020: 4.2% (NHS 2017/18 extracted by PHIDU)
   95% Margin of Error of Population (±) 0.5%
- · Australia's Oral Health Tracker 2024: No new data

### LATEST INDIGENOUS DATA

<sup>^</sup>Unable to update data. No new comparable data.

<sup>\*</sup>This title was incorrectly labelled in Australia's *Oral Health Tracker* 2018, which reported adults aged 25-65 years rather than 25-64 years.

# DENTAL CARIES



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RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND
Adults (aged 15+) who have never experienced decay in permanent teeth	10.7%^	10.9%	15%	

### LATEST AUSTRALIAN DATA

The latest data reports 10.7% of Australian adults (15+) have never experienced decay in permanent teeth. *Source: NSAOH 2017-18.* 

#### **TECHNICAL NOTE**

The proportion of the adult population who have never experienced dental caries is reported, rather than DMFT score (a score that indicates the level of individual decay experience over the lifetime), due to the significant limitations associated with setting a target for DMFT.

#### **TARGET**

The 2025 target is 10.9%.

#### **TREND**

There is no new comparable data to report on progress. The latest data in 2020 suggested progress towards the target.

- Baseline: Not available
- Australia's Oral Health Tracker 2018: 9.9% (NSAOH 2004-06)
- Australia's Oral Health Tracker 2020: 10.7% (NSAOH 2017-18)
- Australia's Oral Health Tracker 2024: No new data

### LATEST INDIGENOUS DATA

#### **ADULTS BASELINE DATA LATEST** 2025 AUSTRALIAN **RISK FACTORS AGAINST TREND TARGET LATEST DATA** DATA 40% 32.1<sup>%</sup> **20.4**% 20% 10% Untreated tooth decay in adults (aged 15+) 04/06 17/18

### LATEST AUSTRALIAN DATA

Nearly one-third (32.1%) of Australian adults have untreated tooth decay. Source: NSAOH 2017/18.

#### **TECHNICAL NOTE**

Untreated decay was identified via the oral examination included in the NSAOH data collection.

#### **TARGET**

The 2025 target is 20.4%; a 20% decrease from baseline.

#### **TREND**

There is no new comparable data to report on progress. The latest data in 2020 suggested poor progress towards the target.

- Baseline: Not available
- Australia's Oral Health Tracker 2018: 25.5% (NSAOH 2004-06)
- Australia's Oral Health Tracker 2020: 32.1% (NSAOH 2017-18)
- · Australia's Oral Health Tracker 2024: No new data

### LATEST INDIGENOUS DATA

#### **CHILDREN BASELINE DATA LATEST** 2025 **AUSTRALIAN RISK FACTORS AGAINST TREND TARGET** DATA **LATEST DATA** 34.3<sup>%</sup> **30.9**% Inadequate data to assess trend Children (5-6 years) who have experienced decay in primary teeth

### LATEST AUSTRALIAN DATA

As reported in Australia's *Oral Health Tracker* 2018, 34.3% of children (5-6 years) have experienced decay in primary teeth. *Source: NCOHS 2012-14.* 

#### **TARGET**

The 2025 target is 30.9%.

#### **TREND**

There is insufficient data to determine a trend.

- Baseline: Not available
- Australia's Oral Health Tracker 2018: 34.3% (NCOHS 2012-14)
- · Australia's Oral Health Tracker 2020 & 2024: No new data

- Australia's Oral Health Tracker 2018: 51.9% (NCOHS 2012-14)
- · Australia's Oral Health Tracker 2020 & 2024: No new data

CHILDREN				
RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND
Children (6-14 years) who have experienced decay in permanent teeth	23.5%^	<b>21.2</b> %	-	Inadequate data to assess trend

### LATEST AUSTRALIAN DATA

As reported in Australia's *Oral Health Tracker* 2018, 23.5% of children (6-14 years) have experienced decay in permanent teeth. *Source: NCOHS 2012-14.* 

#### **TARGET**

The 2025 target is 21.2%.

#### **TREND**

There is insufficient data to determine a trend.

- Baseline: Not available
- Australia's Oral Health Tracker 2018: 23.5% (NCOHS 2012-14)
- Australia's Oral Health Tracker 2020 & 2024: No new data

- Australia's Oral Health Tracker 2018: 36% (NCOHS 2012-14)
- · Australia's Oral Health Tracker 2020 & 2024: No new data

#### **CHILDREN LATEST BASELINE DATA** 2025 AUSTRALIAN **RISK FACTORS AGAINST TREND TARGET** DATA LATEST DATA 27.1<sup>%</sup> **21.7**% Inadequate data to assess trend Children (5-10 years) with untreated tooth decay in primary teeth

### LATEST AUSTRALIAN DATA

As reported in Australia's *Oral Health Tracker* 2018, 27.1% of children (5-10 years) have untreated decay in primary teeth. *Source: NCOHS 2012-14.* 

**TARGET** 

The 2025 target is 21.7%.

**TREND** 

There is insufficient data to determine a trend.

- Baseline: Not available
- Australia's Oral Health Tracker 2018: 27.1% (NCOHS 2012-14)
- · Australia's Oral Health Tracker 2020 & 2024: No new data

- Australia's Oral Health Tracker 2018: 44% (NCOHS 2012-14)
- · Australia's Oral Health Tracker 2020 & 2024: No new data

#### **CHILDREN LATEST BASELINE DATA** 2025 **AUSTRALIAN RISK FACTORS AGAINST TREND TARGET** DATA **LATEST DATA** 10.9% Inadequate data to assess trend Children (6-14 years) with untreated tooth decay in permanent teeth

### LATEST AUSTRALIAN DATA

As reported in Australia's *Oral Health Tracker* 2018, 10.9% of children (6-14 years) have untreated decay in permanent teeth. *Source: NCOHS 2012-14*.

#### **TARGET**

The 2025 target is 8.7%.

#### **TREND**

There is insufficient data to determine a trend.

- Baseline: Not available
- Australia's Oral Health Tracker 2018: 10.9% (NCOHS 2012-14)
- · Australia's Oral Health Tracker 2020 & 2024: No new data

- Australia's Oral Health Tracker 2018: 22.9% (NCOHS 2012-14)
- · Australia's Oral Health Tracker 2020 & 2024: No new data

### ORAL CANCER



ADULTS					
RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND	
Age-standardised incidence rate of oral cancers	10.1 per 100,000	9.7 per 100,000	12 8 4 0% 2009 2013 2015 2019		

### LATEST AUSTRALIAN DATA

The latest data reports the age-standardised incidence rate of oral cancers in Australian adults is 10.1 per 100,000 persons. *Source:* Cancer in Australia 2019.

#### **TECHNICAL NOTE**

Incidence was preferred over prevalence in respect of oral cancer rates. Regarding cancer data, prevalence refers to the number of people alive with a prior diagnosis of cancer. It is a function of cancer survival and indicates the efficacy of cancer care, as well as the number of new cancers diagnosed. It reflects the number of people undergoing treatment or longer-term management for their cancer, whereas incidence measures the rate at which new cancer cases are diagnosed.

#### **TARGET**

The 2025 target is 9.7 per 100,000 persons.

**TREND** 

The latest data suggests progress towards the target.

- Baseline: 9.7 per 100,000 (2009, AIHW 2012)
- Australia's Oral Health Tracker 2018: 10.9 per 100,000 (2013, AIHW 2017)
- Australia's Oral Health Tracker 2020: 10.3 per 100,000 (2015, AIHW Cancer in Australia 2019)
- Australia's Oral Health Tracker 2024: 10.1 per 100,000 (2019, AIHW Cancer in Australia 2023)

### LATEST INDIGENOUS DATA

ADULTS				
RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND
Age-standardised mortality rate from oral cancers	1.6 per 100,000	<b>1.4</b> per 100,000	2.4  1.6  0.8  0%  2010  2014  2016  2019	

### LATEST AUSTRALIAN DATA

The latest data reports the age-standardised mortality rate of Australian adults from oral cancers is 1.6 per 100,000 persons. Source: Cancer in Australia 2019.

#### **TECHNICAL NOTE**

Incidence was preferred over prevalence in respect of oral cancer rates. Regarding cancer data, prevalence refers to the number of people alive with a prior diagnosis of cancer. It is a function of cancer survival and indicates the efficacy of cancer care, as well as the number of new cancers diagnosed. It reflects the number of people undergoing treatment or longer-term management for their cancer, whereas incidence measures the rate at which new cancer cases are diagnosed.

The incidence rates are age standardised to the 2001 Australian Standard Population and are expressed per 100,000 population.

#### **TARGET**

The 2025 target is 1.4 per 100,000 persons.

#### **TREND**

The latest data suggests no change in progress.

- Baseline: 1.7 per 100,000 (2010, Cancer in Australia 2012)
- Australia's Oral Health Tracker 2018: 1.6 per 100,000 (2014, AIHW Cancer in Australia 2017)
- Australia's Oral Health Tracker 2020: 1.6 per 100,000 (2016, AIHW Cancer in Australia 2019)
- Australia's Oral Health Tracker 2024: 1.6 per 100,000 (2021, AIHW Cancer in Australia 2023)

### LATEST INDIGENOUS DATA

### GUM DISEASE



ADULTS				
RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND
Adults (aged 15+) with periodontal pockets (>4mm)	28.8%^	16.8 <sup>%</sup>	30%	

### LATEST AUSTRALIAN DATA

Latest data reports over one quarter (28.8%) of Australian adults have periodontal pockets >4mm, an increase of 9% from 2004/06. *Source: NSAOH 2017/18*.

#### **TECHNICAL NOTE**

Periodontal pocketing of >4mm was used rather than the prevalence of moderate to severe periodontitis as it is a common measure used in many epidemiological studies and the data is collected in that format in Australia.

### TARGET

The 2025 target is 16.8%.

#### **TREND**

There is no new comparable data to report on progress. The latest data in 2020 suggested poor progress towards the target.

- Baseline: Not available
- Australia's Oral Health Tracker 2018: 19.8% (NSAOH 2004-06)
- Australia's Oral Health Tracker 2020: 28.8% (NSAOH 2017-18)
- Australia's Oral Health Tracker 2024: No new data

### LATEST INDIGENOUS DATA

# POTENTIALLY PREVENTABLE HOSPITALISATIONS



CHILDREN				
RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND
Potentially preventable hospitalisations in children (5-9 years) due to dental conditions	10.8 per 1,000	8.4 per 1,000	9.5 9.3 9.1 2009/ 2013/ 2017/ 2021/ 2010 2014 2018 2022	

#### LATEST AUSTRALIAN DATA

The latest data reports 10.8 per 1,000 Australian children, aged 5-9 years, have been hospitalised due to dental conditions in 2021/22, where these hospitalisations were potentially preventable. Source: AIHW Hospital Morbidity database 2021-22

#### **TECHNICAL NOTE**

Potentially preventable hospitalisation (PPH)s in children is a subset of the total proportion of PPHs due to dental conditions published regularly by the AIHW on the 'My Healthy Community' website. PPHs are measured as a key indicator in the National Healthcare Agreement, and are closely monitored by Commonwealth, state and territory governments.

### TARGET TREND

The 2025 target is 8.4 per 1,000 children.

The latest data suggests poor progress towards the target.

- Baseline: 9.1 per 1,000 (AIHW Hospital Morbidity database 2009-10)
- Australia's Oral Health Tracker 2018: 9.3 per 1,000 (AIHW Hospital Morbidity database 2013-14)
- Australia's Oral Health Tracker 2020: 9.5 per 1,000 (AIHW Hospital Morbidity database 2017-18)
- Australia's Oral Health Tracker 2023: 10.8 per 1,000 (AIHW Hospital Morbidity database 2021-22)

- Australia's Oral Health Tracker 2018: 11.5 per 1,000 (AIHW Hospital Morbidity database 2013-14)
- Australia's Oral Health Tracker 2020: 12.6 per 1,000 (AIHW Hospital Morbidity database 2017-18)
- Australia's Oral Health Tracker 2023: 14.3 per 1,000 (AIHW Hospital Morbidity database 2021-22)

# INADEQUATE DENTITION



		ADULTS		
RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND
Adults with severe tooth loss (fewer than 21 teeth)	10.2%^	15.5 <sup>%</sup>	20%	Reached 2025 target

### LATEST AUSTRALIAN DATA

The latest data reports 10.2% of Australian adults have an inadequate dentition (fewer than 21 teeth). Source: NSAOH 2017-18.

**TARGET** 

The 2025 target is 15.5%.

**TREND** 

There is no new comparable data to report on progress. The latest data in 2020 suggested Australia has surpassed the target set for 2025.

- Baseline: 14.9% (NDTIS 2010)
- Australia's Oral Health Tracker 2018: 15.5% (NDTIS 2013)
- Australia's Oral Health Tracker 2020: 10.2% (NSAOH 2017-18)
- · Australia's Oral Health Tracker 2024: No new data

### LATEST INDIGENOUS DATA

### **TOOTHACHE**



				<u> </u>		
ADULTS						
RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND		
Adults who reported toothache in the last 12 months	20.2%^	14.9%	24%			

### LATEST AUSTRALIAN DATA

The latest data reports 20.2% of Australian adults (15+ years) reported suffering from a toothache in the last 12 months. *Source:* NSAOH 2017-18.

**TARGET** 

The 2025 target is 14.9%.

**TREND** 

There is no new comparable data to report on progress. The latest data in 2020 suggested poor progress towards the target.

- Baseline: 14.9% (NDTIS 2010)
- Australia's Oral Health Tracker 2018: 16.2% (NDTIS 2013)
- Australia's Oral Health Tracker 2020: 20.2% (NSAOH 2017-18)
- · Australia's Oral Health Tracker 2024: No new data

### LATEST INDIGENOUS DATA

CHILDREN						
RISK FACTORS	LATEST AUSTRALIAN DATA	2025 TARGET	BASELINE DATA AGAINST LATEST DATA	TREND		
Children (5-14 years) who reported toothache in the last 12 months	6.8%^	<b>6.1</b> %		Inadequate data to assess trend		

### LATEST AUSTRALIAN DATA

As reported in Australia's *Oral Health Tracker* 2018, 6.8% of children 5-14 years reported suffering from a toothache in the last 12 months. *Source: NDTIS 2013.* 

#### **TARGET**

The 2025 target is 6.1%.

**TREND** 

There is insufficient data to determine a trend.

- Baseline: 8% (NDTIS 2010)
- Australia's Oral Health Tracker 2018: 6.8% (NDTIS 2013)
- · Australia's Oral Health Tracker 2020 & 2024: No new data

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